Dear Friends:

The Department of Corrections is proud to provide this resource guide to assist you in a civil, productive life.

The *Community Resource Guide* was designed to help you locate state and community-based programs and services. The programs listed complement the programs and services of the Missouri Department of Corrections.



The mission of the Missouri Department of Corrections is to keep the public safe. We do our best to help you obtain the skills necessary to be part of the community–keeping yourself, your family, your neighbors and your community safe and crime free. Now it is *your personal initiative* that will shape your future. Use these resources to help you succeed.

Best wishes.

Gary B. Kempker

How to use this Resource Guide...

The information in this Community Resource Guide may help you locate services you need. You will find agencies offerring assistance for housing, food and clothing as well as job search assistance. Tips on using the guide follow.

- 1. Locate agencies closest to your current residence.
- Make a list of your needs and seek help for the one that is most urgent. For example, if you have a place to live, your most urgent need may be to look for a job. Locate employment assistance agencies. Continue to find assistance to meet other needs.
- 3. Missouri has a network of One-Stop Centers called Missouri

Career Centers that offer many services at one site. For example, you may look for a job, study for the GED, and seek family financial assistance at the same location.

- 4. The United Way organization in some towns supports services that may help you.
- Churches and religious organizations may also provide assistance in your community.

Once you have made contact with a One-Stop Center or a social service agency you may find that these groups can help you locate other resources. Keeping notes about the contacts you make will be helpful. Use the suggestions below to save time and frustration. Take time to say thanks to those who assist you. They will be happy to know when you are employed or have made progress toward your goals.

How to ask a question



An effective call:

- Have a paper and pencil ready when you make a call.
- Be ready to give a brief but complete account of what you needeliminate unrelated information.
- Be ready to provide your full name and contact information such as how or where you can be reached or get messages.
- If your inquiry involves an agency that uses an identifying case or file number (example: Social Security), have that number ready.
- Be sure to record the name and title of persons you talk to and confirm their phone numbers in your notes since you may be transferred or routed through an electronic menu system.
- Keep your notes together on all of your contacts to each agency so that you can supply information when you make follow-up calls.
 Space has been provided in this Resource Guide for making notes.

These tips apply to effective letters as well.

Missouri's One-Stop Career Center System

The primary purpose of the One-Stop Career Center System is to provide multiple services from many agencies at the same location to better serve job seekers and employers. The partners work together to determine customer needs and to provide a range of customer services that may include:

- Labor market information
- Job search assistance
- Computer bank of job openings
- Career exploration activities
- Training opportunities
- Register for unemployment assistance.

Career centers serving the South Central/Eastern Region:

Cape Girardeau Office .. (573) 290-5766 760 South Kingshighway • Suite J Cape Girardeau, MO 63703-7676 Bollinger, Cape Girardeau and Perry counties

Caruthersville Office (573) 333-0409 913 Highway 84 West Caruthersville, MO 63830-8113 Pemiscot, New Madrid and Dunklin counties

Park Hills Office(573) 431-1510 16 South Coffman St. Park Hills, MO 63601-2552 Iron, Madison, St. Francois, Ste. Genevieve & Washington counties Poplar Bluff Office (573) 840-9595 2722 Oak Grove Rd. (888) 292-3439 Poplar Bluff, MO 63901-2300 Butler, Carter, Reynolds, Ripley and Wayne counties

West Plains Office(417) 256-3158 (888) 280-9836

3417 Division Drive • Suite 1 West Plains, MO 65775

Douglas, Howell, Oregon, Ozark, Shannon and Texas counties

Information provided by the Missouri Department of Economic Development Division of Workforce Development

http://www.ecodev.state.mo.us/wfd

Multi-Service Agencies

Listed in alphabetical order by location, for example, Boonville agencies are listed first and Washington last.

Parents Fair Share (800) 859-7999 Toll free number. Ozark Action, Inc (417) 778-7470	Project Hope
Courthouse Square PO Box 248 Alton, MO 65606 Varied services for eligible residents. Division of Family	St. Vincent de Paul Society (573) 335-7667 1913 Ritter Drive Cape Girardeau, MO 63701 Various types of temporary assistance for at risk people.
Services	Missouri Youth Mentoring Partnership(573) 333-0427 711 W. Third St. Caruthersville, MO 63830
Ozark Action, Inc (417) 683-5018 PO Box 756 •1600 SW Tenth Way Ava, MO 65608 Division of	Division of Family Services (573) 648-2401 HWY 21 and 72 Centerville MO 63633
Family Services (573) 568-2111 401 E. Shawnee Bloomfield, MO 63825	Mississippi County Division of Family Services (573) 649-3091
East Missouri Action Agency (573) 334-5533 1111 Linden	718 N. Martin East Prairie, MO 63845 M-F, 8 – 5:00 p.m.
Cape Girardeau, MO 63701 Provides a series of crisis and supportive services for the low-income population of an eight county service area.	Wesley Family Learning Center (573) 649-3731 207 N Washington East Prairie, MO 63845

Susanna Wesley Family Learning Center (573) 649-3731 207 N Washington East Prairie, MO 63845	East MO Action Agency (573) 783-5226 605 B. West Main Fredericktown MO 63645
Casa Guadalupe Battered Women's Shelter (573) 663-2766 Hotlines (573) 663-2720 Rt. 3, Box 34B 1-888-228-8122	Madison County Council for Developmentally Disabled (573) 783-3770 610 S. Chamber Fredericktown, MO 63645
Semo Family Violence Council (573) 358-3913 PO Box 465	Ozark Action, Inc. (417) 679-4559 (PO Box 215) 18 Court Square Gainesville, MO 65655
Bonne Terre, MO 63628 Shelter Services from court advocacy & Outreach Services	Ozark Action, Inc. (417) 741-6285 (PO Box 141) 107 E. Rolla St. Hartville, MO 65667
St. Francois County Board for Developmentally Disabled	Division of Family Services
Division of Family Services (573) 783-5596 413 Burris Street Fredericktown, MO 63645	Houston, MO 65483 Income maintenance, children's services
Notes	

Division of Family Services (573) 546-7463 202 Park Drive Ironton, MO 63650	East Missouri Action Agency (573) 431-5191 107 Industrial Drive Park Hills, MO 63601
Dora White Community Center (417) 926-5867 600 E State Mountain Grove, MO 65711 Recreational activities, meal programs, information and assistance, telephone reassurance, homework, health screenings, weekend freezer meals for senior citizens. Ozark Action, Inc (417) 934-2870 PO Box 1071 Mountain View, MO 65548 Community Action Agency offering a wide variety of services.	Division of Family & Senior Services(573) 223-4236 Wayne County Hwy 49 North Piedmont, MO 63957 Division of Family Services(573) 840-9200 Butler County 1903 Northwood Dr. Poplar Bluff, MO 63901 Division of Family & Senior Services(573) 438-2121 1701 N. Missouri Potosi, MO 63664
Division of Family Services	East Missouri Action Agency

Washington County Board for the Handicapped (573) 438-8415 PO Box 431 Potosi MO 63664 New Life Evangelistic Center	East Missouri Action Agency
Free Stores	Veteran's Affairs (573) 883-7202 Main Office in Farmington (573) 218-6130
Dent County Ministerial Alliance	55 South 3 rd Street (inside County Clerk's Office) Ste. Genevieve, MO 63670 Available third Tuesday
Salem, MO 65560 Emergency services for persons in need, when funds are available.	Mission Missouri (573) 472-4141 218 Dixie Sikeston, MO 63801 M-F, 9 to 5.
South Central Missouri Community Action Community(573) 729-3500 1405 S. Wines Salem, MO 65560 Services for persons in crisis.	Soup kitchen, Clothing, Faith- Mentor Program, Computer Lab, GED Program, Employment Services. Referrals to other Agencies
Division of	Emerald City Shelter (417) 284-7300 Hotline 1-877-462-7233
Family Services (573) 883-5757	PO Box 410
583-B Ste. Genevieve Dr. Ste. Genevieve, MO 63670	Tecumseh, MO 65760 Serving Ozark and Douglas counties Varied Services for Victims of domestic violence.

Division of Family Ozark Action, Inc. **& Senior Services**(573) 323-4201 (417) 926-5570 1306 N. Broadway 600 East State St. Van Buren, MO 63965 Mountain Grove, MO 65711 Community Action **Christos House Domestic** Agency offering a wide **Violence Services**(417) 469-1190 variety of services. PO Box 771 New Life Evangelistic Center West Plains, MO 65775 Free Stores Provides shelter, crisis intervention, (573) 323-8867 case management, legal advocacy, Hwy 103 professional counseling for women and children, non-residential services. Van Buren, MO 63965 life skills, parenting classes, Anger Management Classes, relocation assistance. Central Church of Christ (417) 256-8551 Business Hwy 63 South West Plains, MO 65775 Outreach programs.

Employment Assistance

Penmac Personnel Services	Vocational
1209 NW 10 th Lane	Rehabilitation (573) 218-6100
PO Box 99	<i>Toll free</i> (800) 640-7110
Ava, MO 65608	800 Progress Dr. TDD: (573) 218-6119
Vocational	Farmington MO, 63640-0230
Rehabilitation (573) 290-5788	Delta Area Economic Opportunity
<i>Toll free</i> (877) 702-9883	Corporation (573) 379-3851
PO Box 1087	I-55 and E162 Outer Rd.
Cape Girardeau, MO 63702	Portageville, MO 63873
	M–F, 8 to 4:30.

Vocational **Penmac Personnel Services Rehabilitation** (573) 840-9550 1424 Southern Hills *Toll free* (800) 281-9894 West Plains, MO 65775 2865 James Blvd • Ste A Poplar Bluff, MO 63901-2803 Susanna Wesley Family Learning Center.....(573)649-3731 207 N. Washington East Prairie, MO 63845 GED, Daycare, Domestic Violence Services, Job **Training**

Children

Family/Individual Counseling Services

Community Gibson **Counseling Center**(573) 334-1100 **Recovery Center** (573) 334-5513 402 S. Silver Springs Road 1112 Linden St. Cape Girardeau, MO 63703 Cape Girardeau, MO 63701 M-F. 8 to 5. **Lutheran Family & Children's Services** (573) 334-5866 **Family** 2911 Breckenridge Drive **Counseling Center** (573) 651-4177 20 S. Sprigg Cape Girardeau, MO 63701 Counseling for crisis pregnancies, senior Cape Girardeau, MO 63701 adult counseling and adoption Substance Abuse treatment for women and adolescents

New Vision Counseling Center	Children's Haven
Housing A	Treatment Center (573) 686-5090 Poplar Bluff, MO 63901 SSISTANCE
Ava Housing Authority(417) 683-5252 802 NE 11 th Ave. Ava, MO 65608 Rental housing for low-income families.	Ugly Quilts
Oxford House Broadway(573) 339-1163 1018 Broadway St. Cape Girardeau, MO 63701 Men's and Veteran's House Group homes for recovering substance abusers.	Houston Housing Authority

Mountain Grove Apartments (417) 926-4581 405 East Clouse, Box 39 Mountain Grove, MO 65711 Subsidized housing.	DAEOC Homeless Shelter (573) 471-4114 820 Anderson Sikeston, MO 63801 8-4:30 (M-F)
Mountain Grove Housing Authority (417) 926-3142 301 West First Mountain Grove, MO 65711 Housing for eligible residents.	House of Refuge (877) 633-3843 PO Box 244 Sikeston, MO 63801 24 Hours. Services for women and children, victims of sexual abuse and violence.
New Life Evangelistic Center	Christos House(417) 469-1190 PO Box 771 West Plains, MO 65775 Safe housing for victims of domestic violence.
Potosi Housing Authority (573) 438-2362 103 West Citadel Potosi, MO 63664 Haven House of Popular Bluff P.O. BOX 4875 Popular Bluff, MO 63901 Shelter and advocay services for women and children.	Samaritan Outreach Center
	Housing Assistance continue on next page

Food	
Banner Full Gospel(573) 697-5890 Hwy 32 Belleview, MO 63623 Faith-Based Counseling. Bismarck Church of God	Community Food Pantry
Vincent's Vittles (573) 651-0336 St. Vincents Parish Center 1913 Ritter Drive Cape Girardeau, MO 63701 Free meal the last Saturday of every month for anyone.	Provides emergency food assistance. Food commodities for eligible residents & Thrift Shop Arcadia Valley Food Pantry

Elvin's Food Pantry (573) 518-1266 207 N. Front Park Hills, MO 63601 Helping Hands Ministry (573) 438-5657 102 E. High Street Potosi, MO 63664 Food Pantry Richwoods Food Pantry (573) 678-2728 Highway H Richwoods, MO 63071 Food Pantry	Bootheel Food Bank (573) 471-1818 104 Keystone Sikeston, MO 63801 M-F, 9 to 5 Missourians United to Combat Hunger (Munch)(417) 469-3221 811 East Main St. Willow Springs, MO 65793 Provides a 3-day supply of food once a month to families and individuals who apply and who meet federal income guidelines.	
Clothing		
Maxine's Saveable Wearables (573) 651-0336 815 N Caruthers Cape Girardeau, MO 63701 Clothes for people referred from area service providers. Open Saturday, 10 to noon.	Helping Hands Ministries (573) 358-3508 118 E. School Street Bonne Terre, MO 63628	

Medical/Mental Health Care

Douglas County Health	Behavioral Health (573) 756-5353
Department (417) 683-4174	1085 Maple Street
603 NW 12th Street (C Building)	Farmington, MO 63640
PO Box 940	Madison County
Ava, MO 65608	Health Department (573) 783-2747
	806 West College
Stoddard County Public	Fredericktown, MO 63645
Health Center (573) 568-4593	Trouble with the oberts
1001 N. Hwy 25	Wayne County
Bloomfield, MO 63825	Health Department (573) 224-3218
Mississippi County	Hwy 67N
Health Department (573) 683-2191	Greenville, MO
1200 E. Marshall	Iron County Health
Charleston, MO 63834	Department (573) 546-7121
M–F, 8 to 4:30	606 West Russell St.
111 1,0 to 1.30	Ironton, MO 63650
Bootheel	Preventive and environmental
Counseling Services (573) 624-5924	health.
25 N. Walnut	neath.
Dexter, MO 63841	COPE
Varied counseling services	Laclede, Webster, Wright,
	Texas, Dallas counties (417) 532-2885
Ripley County	PO Box 1281
Health Center (573) 996-2181	Lebanon, MO 65536
1003 E. Locust	Shelter for victims of domestic
Doniphan, MO 63935	violence; crisis intervention,
	support groups, case
	management, etc.

Center for Family Resources, Inc	Poplar Bluff Regional Center
New Madrid County Health Department(573) 748-5541 406 Hwy 61 New Madrid, MO 63869 M-F, 8 to 4:30 St. Francois County Health Department (573) 431-1947 1025 West Main Park Hills, MO 63601 Butler County Health Department (573) 785-8478	Three Rivers Health Care – South (573) 686-4259 621 Pine Poplar Bluff, MO 63901 Health Department (573) 438-2164 Washington County 520 Purcell Drive Potosi, MO 63664 Bootheel Counseling Services (573) 471-0800 760 Plantation
1619 N. Main Poplar Bluff, MO 63901	Sikeston, MO 63801 M–F, 8 to 5
Clinical Assessment & Psychological Services	Scott County Health Department (573) 471-4044 919 E. Malone Sikeston, MO 63801 Toll free number. M–F, 8 to 4:30
Department of Mental Health (573) 840-9245 Poplar Bluff, MO 63901	Ste. Genevieve County Health Department(573) 883-7411 115 Basler Dr.
Missouri Department of Health & Senior Services (573) 840-9720 2875 James Blvd. Poplar Bluff, MO 63901	Ste. Genevieve, MO 63670 Medical/Mental Health continues on next page

Carter County
Health Center (573) 323-4413
1611 Health Center Rd.
Van Buren, MO 63965

services for 7-county region

Substance Abuse Services

Gibson Recovery Center(573) 334-5513 112 Linden Cape Girardeau, MO 63701	SEMO Community Treatment Center(573) 756-5749 5536 Hwy 32 Farmington, MO 63640
Correctional Counseling, Inc. (CCI)(573) 996-3950 #2 Oak Tree Village Doniphan, MO 63935	Community Counseling Center (573) 783-4104 129 East Main Fredericktown, MO 63645
Access Court Services(573) 756-2200 808 Progress Drive • (Lower Level) Farmington, MO 63640 Accredited Traffic Offender Services	Stapleton Treatment Center (573) 359-2600 3030 Hwy J North Hayti, MO 63851
Farmington Mental Health Hospital (573) 651-4177 20 S. Sprigg Cape Girardeau, MO 63703	Correctional Counseling, Inc. (CCI)

SEMO Community Treatment Center (573) 223-2369 Piedmont, MO 63957	House of Liberty (573) 472-4141 509 Ruth Street Sikeston, MO 63801
Correctional Counseling, Inc. (CCI) (573) 785-4176 207 South Broadway Poplar Bluff, MO 63901	Community Counseling Center (573) 883-7407 748 Center Drive Ste. Genevieve, MO 63670
C-STAR (573) 686-4123 Poplar Bluff, MO 63901	Correctional Counseling, Inc. (CCI)(573) 323-4825
John J. Pershing VA Hospital (573) 778-4603 1500 N. Westwood Blvd.	Van Buren, MO 63965 Tues and Thurs, 6-9 p.m.
Poplar Bluff, MO 63901	South Central Community Treatment Center (417) 256-2570
SEMO Community	1015 Linton Rd.
Treatment Center (573) 686-5090 101 S. Main St. or 573-785-5333 Poplar Bluff, MO 63901	West Plains, MO 65775
SEMO Community Treatment Center (573) 729-4103 <i>Toll free</i> (800) 455-4103 Salem, MO 65560	

Transportation

Bloomfield	Mississippi County
Public Transit (573) 568-3960	Transit System (573) 649-5650
202 Salem	219 E. Main
Bloomfield, MO 63825	East Prairie, MO 63845
Stoddard County	
Transit Services, Inc. (573) 624-8624	
19 W. Stoddard St.	
D 370 (2014	
Dexter, MO 63841	

Dunklin County Transit Services, Inc (573) 276-5806 610 N. Douglas St. Malden, MO 63863 General public transportation.	OATS Transportation (417) 926-5867 200 West First Mountain Grove, MO 65711 Transportation for Wright County residents.	
Southeast MO Transportation System SMTS		
Fredericktown, MO(573) 273-0646 New Madrid <i>Toll free</i> (800) 392-0754 New Madrid, MO 63869	Potosi(573) 438-3735 109 Lawrence Street Potosi, MO 63664 Washington County(573) 438-3735	
Popular Bluff <i>Toll free</i> (800) 392-0754 601 N. 12 th St. Popular Bluff, MO 63901		
Legal Services Legal Services of Southern MissouriToll free (800) 748-7456 Free legal services for those who cannot afford an attorney on civil matters. Monday–Friday • 8 to 5.		
116 N. Main, Charleston , MO 63834 Rolla		
1412 Hwy 72 East (573) 341-3655 Public Defender – Contact the Public Defender Office in your County.		
Adult Education Programs (GED)		
Arcadia Valley Vocational/Technical School(573) 546-9700 ext. 4 650 Park Drive	Unitec Career Center (573) 358-3011 7163 Raider Road Bonne Terre, MO 63628	
Ironton, MO 63650		

Cape Girardeau Public Schools	Sikeston Public Schools R-VI (573) 471-9469 1002 Virginia Sikeston, MO 63801
Adult Learning Center Houston R-I Schools Technical Institute (417) 967-5904 423 West Pine Houston, MO 65483	Adult Learning Center West Plains R-VII School District
Adult Learning Center (573) 686-20111 316 Maud Street Poplar Bluff, MO 63901	
GED Testir	ng Centers
Southeast Missouri State University Show-Me Center	Three Rivers Community College
Show-Me Center (573) 651-2836 1333 Sprigg Street Office: Academic Hall • Rm. 347 Cape Girardeau, MO 63701	College

Information/Hotlines

Aging Information & Referral

800-235-5503

Alcohol & Drug Information

800-729-6686

Cancer Information Service

800-422-6237

Center for Disease Control

800-227-8922

Child Abuse/Neglect Hotline

800-392-3738

Child Support Enforcement and Parents Fair Share

800-859-7999

Consumer Complaints

800-392-8222

Crime Victims Assistance Program

800-347-6881

Crisis/Suicide Hotline

800-833-3915

Drug Help Hotline

800-662-4357

Focus on Recovery Hotline

800-222-0828

Senior Services Hotline

800-392-0210

MC+ for Kids

Health insurance for children in need.

888-275-5908

Medicare Information

800-633-4227

National AIDS Hotline (CDC)

800-342-2437

National Childcare Information

800-616-2242

National Domestic Violence Hotline

800-799-7233

Parental Stress Helpline

800-367-2543

Poison Control Center

800-366-8888

RAINN (Rape, Abuse, Incest)

800-656-4673

Shelter for Battered Women/Children

800-303-0013

Social Security

800-772-1213

TANF/Food Stamps

(Division of Family Services)

800-392-1261

Veterans Information

800-827-1000

Probation and Parole Offices

Cape Girardeau (573) 290-5820 3463 Armstrong	Poplar Bluff (573) 840-9555 2323 N. Main St.
Caruthersville (573) 333-2809 915 Highway 84 West	Sikeston (573) 472-5353 102 Arthur Street
Farmington (573) 756-4566 802 Progress Drive	Sedalia (660) 530-5530 205 Thompson Rd.
Kennett (573) 888-4900 875 County Rd. VV	Warrensburg (660) 543-7920 610 N Ridgeview Drive
Perryville (573) 547-9285 12 E. Wichern	

• Reporting Sites • Probation and Parole

Advance City Hall (573) 722-3156 Advance, MO 63730	Ripley County Sheriff's Office (573) 996-2719
Stoddard County Sheriff's Office(573) 568-4654	Ripley County Courthouse Doniphan, MO 63935
Courthouse Square	Doniphan
Bloomfield, MO 63825	Police Department (573) 996-7123
Bernie Police Department (573) 293-4454	124 Jefferson Doniphan, MO 63935
Bernie, MO 63822	Ellsinore City Hall (573) 322-5333
Probation and	Ellsinore, MO 63937
Parole Sub Office (573) 624-9434	Neelyville City Hall (573) 989-6222
Stoddard County	#142
1003 Wildwood, Suite A	Neelyville, MO 63954
Dexter, MO 63841	

Identification Cards

Department of Revenue.....(573) 751-2989

Motor Vehicles and Drivers Licensing or visit your local license office, listed below:

Department of Revenue	Department of Revenue(573) 785-2796 1875 North Westwood Poplar Bluff, MO 63901
Department of Revenue	Department of Revenue (573) 323-4748 910 Main St. Van Buren, MO 63965
Department of Revenue (573) 223-7622 323 Hwy HH Piedmont, MO 63957	
Other Locations: 112 S. Spanish(573) 335-3659 Cape Girardeau, MO 63703	104 E. Tom White(573) 683-4995 Charleston, MO 63834
302 Rogers(573) 471-3160 Sikeston, MO 63801	

For further information, you may check the University Extension Outreach Service on the internet: www.communityconnection.org

Notes		

South Central/Eastern Region • Resource Guide
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